

Public Awareness
Campaign
to Combat
Coronavirus
(COVID-19)

# COVID-19

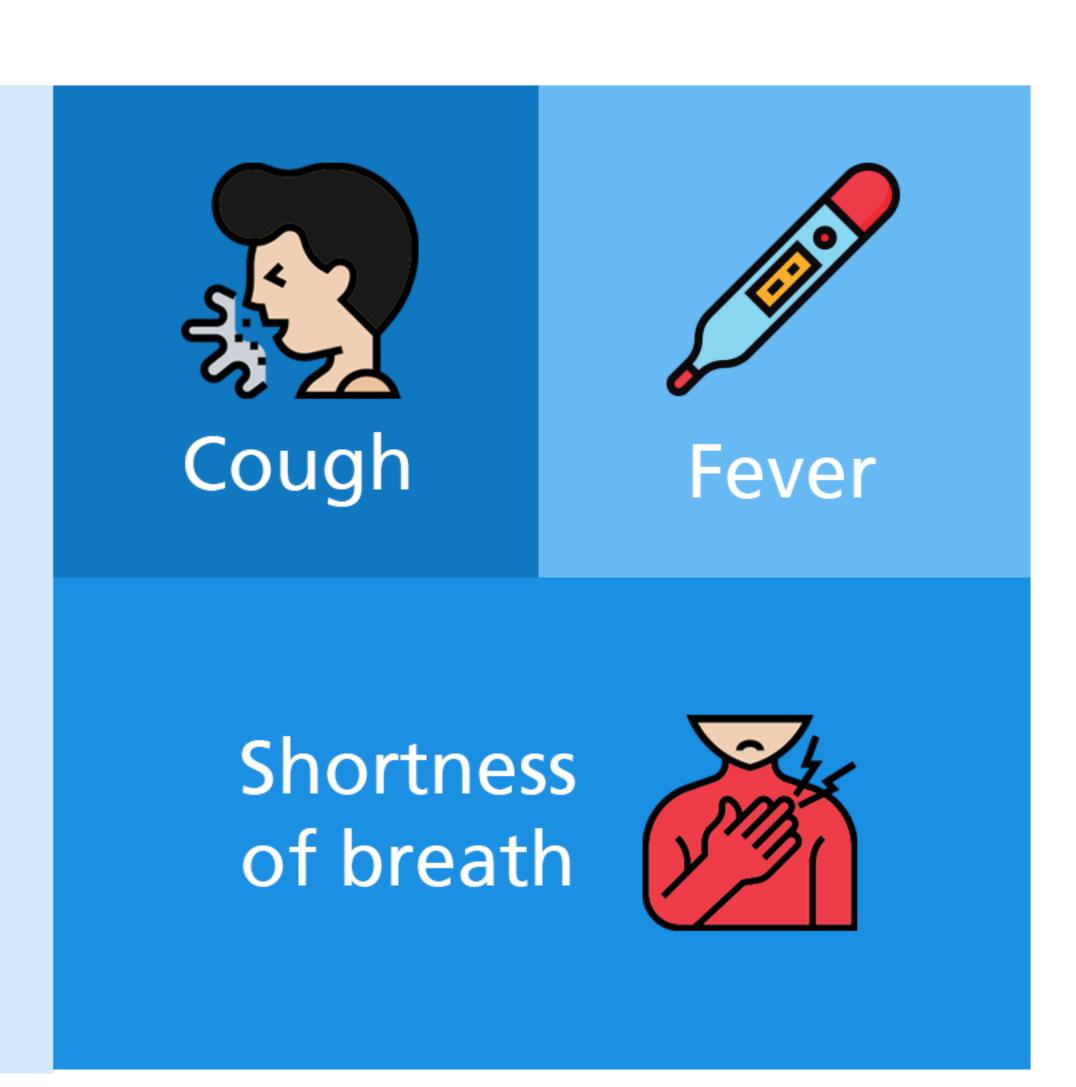


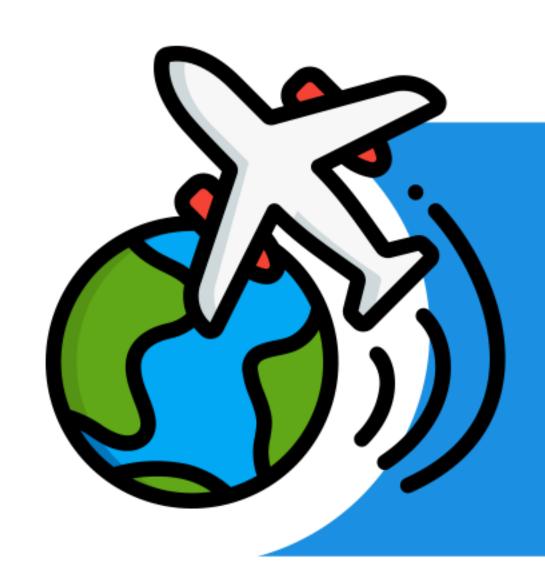


#### What is **COVID-19**?

The COVID-19 is a new strain of Coronavirus that was recently discovered in China.

What are the main clinical symptoms of the disease?





If you experience the following symptoms related to the Coronavirus disease (COVID-19), and if you have traveled to one of the countries infected with the disease and have interacted with a person traveling from any of those locations

#### Please follow these instructions meticulously:

- Quarantine yourself at home, in a separate room
- Call 444
- Follow the instructions given by the medical team
- Avoid close contact with others

#### What are the ways of transmission of the virus?

It can be transmitted from person to person by:

- Direct contact
- Droplets from sneezing, coughing, or talking

#### What is the treatment?

There is no known cure to date, except for supportive care.

### What are the methods of prevention ?



Wash your hands regularly and thoroughly using soap and water. Use alcohol-based sanitizers.



Clean and disnfect frequently used objects and surfaces such as door handles.



Cover your mouth when coughing or sneezing, and dispose of used wipes properly.

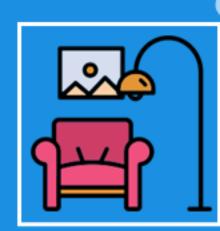


Avoid contact with people experiencing a fever or suffering from a cough .



## Important instructions for travelers from countries where COVID-19 cases have been recorded

Stay at home for 14 days and follow these instructions:



Avoid contact with others by separating yourself in a specific room and by using a separate bathroom



Avoid sharing personal household items including plates, cups, eating utensils, towels, or bedding with other people



Wear a facemask when you are around other people or pets



Cover your coughs and sneezes with tissues and ensure that the used tissues are disposed of in a closed trash can; wash your hands with soap and water or clean your hands with an alcohol-based sanitizer immediately after sneezing



Wash your hands regularly with soap and water or with an alcohol- based hand sanitizer



Don't travel during the period of isolation and avoid using public transportation



Monitor your symptoms: if you become ill with fever, cough, or shortness of breath in the next 14 days, you should seek medical care and call the COVID-19 Hotline (444). Inform the doctor of your recent travel histpty.



You will be contacted by Public Health regularly to monitor your symptoms